Increased cellular Increased cellular	Increased ATP production Re	Improves cell wall permeability	Improves brain function prod	Regenerates nerves (acn	Reduces scar tissue St	Stimulates production of C	Speeds wound healing Inc	Increases cellular S detoxification	Reduces inflammation & pain relief at a deeper level	Increases deep circulation in Lo	Deeper penetration of the benefits from Red Light	Penetrates muscle, bone, Pene brain ~ 5 - 10 mm	Red-21	Output (high) = $\sim 165 \text{ mW/cm2}$ Out	Red AND Near-Infrared! Act	s of	660 & 850 nm	くけっトノ
Increases nitric oxide production	Restores cellular function	Modulates body temperature	Increases collagen production reducing wrinkles	Repairs skin damage (acne, scars, burns, sunburn)	Stimulates hair follicles	Opens lymph drainage	Increases nerve function	Speeds wound healing	Anti-viral	Lowers pain & reduces Inflammation	Activates acupoints	Penetrates fascia into muscle ~ 4 - 6 mm		Output (high) = \sim 100 mW/cm2	Activation & Pain Relief	Unparalleled Acupoint	660 nm	ZeQ -
Awakens mental inspiration	Stimulate red blood cell production	Soothes and repairs eczema / psoriasis	Supports development of new skin cells	Repairs sun radiation damage	Soothes and repairs surface nerves	Breaks apart dermal scarring	Increases subdermal lymphatic flow	Reduces tiny blood vessels on face	Improves uneven coloration	Reduces redness & rosacea	Reduces wrinkles and fine lines	Penetrates into skin ~.5 - 2 mm	S Amber	Output (high) = \sim 57 mW/cm2	Skin Repair	Anti-Aging &	590 nm	Amper
Kills the bacteria that causes acne	Regulates melanin production	Provides emotional relief	Soothes, cools, and reduces redness	Calms the nervous system	Reduces pigmentation Lightens sun & brown spots	Improves skin around eyes	Regenerates tissue	Reduces redness	Soothes nerve pain	Releases free oxygen from hemoglobin	Relieves headache & migraine	Penetrates capillary beds ~ 3 -5 mm	[[[[]] RGreen]	Output (high) = \sim 35 mW/cm2	Oxygen Release	Emotional Relief and	550 nm	Green
Reduces itching	Soothes skin irritation	Anti-aging	Regenerates skin	Lowers headaches	Cools tissues and nerves	Energizes the brain	Elevates mood	Calms the nervous system	Helps with acne	Highly anti-microbial	Reduces topical pain	Penetrates skin ~ 1 -2 mm	R Blue	Output (high) = \sim 75 mW/cm2	Heat & Inflammation	Anti-Microbial, Cooling	470 nm	שבת